

**American Red Cross of Dutchess County**  
**103 Hooker Ave. Poughkeepsie, NY 12601**  
**(845) 471-0200**

[www.redcross.org/ny/dutchess](http://www.redcross.org/ny/dutchess)

## **Community Guide**

### **A QUICK REFERENCE REFERRAL GUIDE**

This guide contains local phone numbers, addresses, and short agency descriptions to help us guide the public to the appropriate agency if the Red Cross of Dutchess County is unable or does not provide a particular service.

Included you will find phone numbers and information on:

UNITED WAY INFORMATION LINE

ENERGY AND UTILITY CRISIS

PERScription DRUG PROGRAMS

CLOTHING DONATIONS

FOOD BANKS

SOCIAL SERVICES

OTHER EMERGENCY SERVICES

HEALTH SERVICES

LOCAL HOSPITALS

HOUSING

MENTAL HEALTH SERVICES

EMERGENCY SHELTER SERVICES

VETERANS SERVICES

SENIOR CITIZEN / ELDER SERVICES

TRANSPORTATION

DAY CARE

**\*Information provided is by no means all-inclusive or an exhausted listing of local County resources\***  
**FEBRUARY 2006**

***For any questions other than what is listed below, OR to obtain further information recommend that they call:***

***211***

***for the UNITED WAY INFORMATION LINE***

**Energy and Utility Crisis**

**Powerful Opportunity Program (POP)** through Dutchess County Community Action Partnership Agency located at 77 Cannon Street, Poughkeepsie NY  
**845-452-5104 Ext. 126**

*If you are having trouble paying your electric bill and are 60 days or more behind in payment you may qualify for assistance. \*If you qualify you may be able to lower your monthly basic service charge, suspend collection activities, have dollar for dollar payments made to match your past due amount.*

**Fuel Survivors Club** through Dutchess County Community Action Partnership Agency located at 77 Cannon Street, Poughkeepsie NY  
**845-452-5104 Ext. 123**

*If you need help with heating fuel costs, and are a Dutchess county resident, and if you qualify for services you may receive fuel for lower cost, automatic delivery, monthly billing budget planning, and possible weatherization upgrades.*

**ECIP** through Dutchess County Community Action Partnership Agency located at 77 Cannon Street, Poughkeepsie NY  
**845-452-5104 Ext. 100**

*If you have run out of fuel this program is only open during the HEAP season, call between 8:30am-4pm. Service available to eligible residents. You may be able to receive 5-20 gallons of fuel depending.*

**Project SHARE** through the Dover Community Action Agency (NYSEG Customers)  
**845-877-9272**

*Can help with electric and gas heating costs through NYSEG (for their customers only)*

## **Prescription Drug Programs**

**Prescription Program** through Dutchess County Community Action Partnership Agency located at 77 Cannon Street, Poughkeepsie NY

**845-452-5104 Ext 112**

*If you need help obtaining Prescription Medication, and qualify for services you may be able to apply through this program for free medication. You will have to call the agency and complete paperwork as well as schedule an appointment for eligibility determination.*

## **Clothing Donations**

**The Thrift Store** operated through Dutchess County Community Partnership Agency located at 84 Cannon Street, Poughkeepsie, NY

**845-452-5104          MUST CALL AHEAD**

*If you are in need of clothing or would like to make a clothing donation, as well as kitchen ware, curtains, bedding, lamps, NO FURNITURE, you can drop things off at this location. You must make donations during operating hours.*

### **Salvation Army**

If you have a clothing donation bring clothing items during regular hours of operation to

570 Main Street, Poughkeepsie, NY or 122 East Main, Wappingers Falls, NY

**845-471-1730 Poughkeepsie, 845-298-9739 Wappingers Falls**

## **Food Banks**

Salvation Army, 19 Pershing Avenue, (Poughkeepsie) **845-471-1730 Ext. 4**

Dutchess Outreach (Poughkeepsie) **845-454-3792**

The Lunch Box (Poughkeepsie) **845-471-2522**

To God Be the Glory Food Bank (Poughkeepsie) **845-452-5525**

## **Social Service Agency**

### **Department of Social Services DSS**

60 Market Street, Poughkeepsie, NY 12601

The department can meet needs for housing, food stamps, temporary assistance to needy families TANF; handle long term needs of individuals and families etc.

**845-486-3000**

## **Other Emergency Services**

(Through Family Services and Partnership Center) located at 50 N. Hamilton Street, Poughkeepsie NY

Family Partnership Mission: To meet the temporary, basic needs of individuals and families when no other resources are readily available to them.

*Emergency food, clothing* call Dutchess Outreach **845-454-3792**

*Domestic Violence & Battered Women* **845-452-1110**

*Elder Abuse Help* **845-452-1110 Ext. x3400**

*The Lunch Box* through Dutchess Outreach **845-471-2522**

*Family Counseling* **845-452-1110**

*Hudson River Health Care* **845-454-8204**

*Many more family services are provided such as Health Care, Job Training, Legal/Mediation Services, Senior Citizen Services, Youth/Volunteer Services, Mental Support, and Educational Opportunities. Call for information* **845-451-1110**

## **Health Services**

**Department of Health** located at 387 Main Street, Poughkeepsie NY

**845-486-3400**

Mission is to provide experienced and motivated professionals whose mission is to protect and promote the health of individuals, families, communities and the environment.

## **Local Hospitals**

*Vassar Brothers Hospital* (main number) **845-454-8500**  
45 Reade Place, Poughkeepsie, NY 12601

*St. Francis Hospital* (main number) **845-483-5000**  
241 N. Road, Poughkeepsie, NY 12601

*Northern Dutchess Hospital* (main number) **845-876-3001**  
6511 Springbrook Ave., Rhinebeck NY

## **Housing**

**Hudson River Housing** located at 313 Mill Street, Poughkeepsie, NY

**Family Self-Sufficiency (FSS)**  
**845-452-8197**

If you are in need of housing, and are a City of Poughkeepsie resident and in GOOD standing with Section 8, you may be eligible to apply for assistance. This program provides support services intended to aid families achieve long term housing goals, and increase their skill levels.

**Long-term Housing Services**  
**914-427-2611**

*“Maximize:”* Maintains 12 units of low-income housing for homeless families.  
Call for info.

*“Shelter Care:”* Maintains 10 rental units to homeless adults who have been diagnosed with a severe and persistent mental illness. Call for info.

*“Senior Housing:”* Maintains 36 units based on section 8 housing. Located in Maybrook, NY. Call for info.

### **Transitional Services**

Hudson River Housing has 3 transitional housing options, *River Haven Transitional Living Community, Hillcrest House, LaGrange House.*

## **Mental Health Services**

**\*\*\*Helpline: 24 Hour Crisis Counseling \*\*\***  
**845-485-9700**

**Department of Mental Hygiene**, 230 North Road, Poughkeepsie, NY  
**845-485-9700**

### **InfoLine\***

Mental Health Association in Dutchess County

**845-473-2500**

*Health and human services resource hotline for local area programs*

### **Astor Home for Children**

**845-871-1000**

*Mental Health Support for Head Start families*

### **Parenting Support**

Mental Health Association through Dutchess County

**845-473-2500**

*Assists parents whose children are afflicted with Mental Illness*

### **Crisis Center**

Mid-Hudson Addiction Recovery Centers

**845-452-8816**

*Emergency Services for people with drug and alcohol addiction*

## **Emergency Shelter Services**

**845-471-8454**

Dutchess County Coalition for the Homeless maintains a 12 bed overnight shelter for homeless adults. Dinner, breakfast shower and laundry services available along with advocacy and referral services.

*Gannett House:* Based out of 313 Mill Street, Poughkeepsie, NY offers case management services to individuals and families placed in emergency shelter/housing who seek a quick transition to independent living.

*River Haven Shelter:* **845-454-5176** is a 12 bed facility for homeless and or runaway youth ages 10 through 17. Meals, laundry and supportive services are provided.

*(AHEP) After Hours Emergency Placement:* Formerly coordinated by the American Red Cross of Dutchess County, is a program managed by Hudson River Housing is a program where assistance is available to families not affected by disaster that need emergency placement for housing/ shelter outside of regular business hours. ALL PLACEMENTS MUST COME THROUGH REFFERING AGENCY. **845-471-8454**

### **Grace Smith House**

**845-471-3033**

*Emergency shelter for women in crisis and their children*

## **Veterans Services Agency**

**Veterans Service Agency** located at 22 Market Street, Poughkeepsie NY

**845-486-2060**

*If you are a veteran and need links to services,* the Dutchess County Veterans Service Agency may be able to link you with services you are entitled to. There is an application process. Some services that they may be able to link you with include, burial and headstone benefits, medical care, G.I. home loans, educational benefits, Veterans Insurance claims, filing of military separation papers and much more. Call for information and services.

## **Senior Citizen / Elder Services**

### **RSVP Retired Senior Volunteer Program**

Association for Senior Citizens

**845-473-1265**

*Matching senior citizen volunteers with the right local organization*

### **The Bridge Program**

Hospice, Inc.

**845-473-2273**

*Bereavement program for seniors experiencing the loss of a spouse or partner*

### **Wellness Info**

Hudson River Health Care

**845-454-8204**

*Diabetes screening, management, and support for seniors of the City of Poughkeepsie*

### **Elder Program**

Family Services

**845-452-1100**

*Home visits for seniors recovering from or at risk of abuse or neglect*

## **Transportation Services**

### **American Red Cross of Dutchess County**

**\*refer calls to John Johnson (in-house extension X 301)**

### **St. Charles Borromeo Church**

**845-877-9934**

*Transportation for the elderly to doctor appointments, shopping, pharmacists etc.*

### **Transportation Network**

Association for Senior Citizens

**845-573-1265**

*Low-cost transportation for seniors*

### **Pawling Transportation Driver Pool**

Community Resource & Services Center

**845-855-3459**

*Volunteers transport seniors to medical appointments and grocery shopping*



## **Day Care**

### **Low-income day care**

Community Family Development

**845-454-1341**

*Day care scholarships for children*

### **Low-income day care**

Poughkeepsie Day Nursery

**845-471-1910**

*Day care scholarships for children*

### **Child Care Resource & Referral**

**845-473-4141**

*Child care and after school referrals for parents; training and support for providers*

### **Director's Mentoring**

Child Care Council of Dutchess

**845-471-4141**

*Training and support for daycare directors*

### **Toddler & Pre-school**

Northern Dutchess Day Care Center

**845-876-2063**

*Day care scholarships for children*